

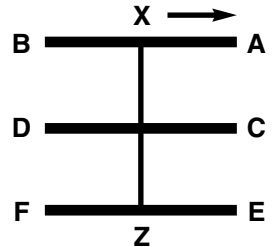


# Taegeuk Sam Jang

*The symbol of this form is Ri which represents fire*

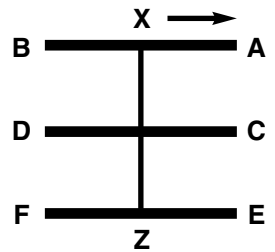
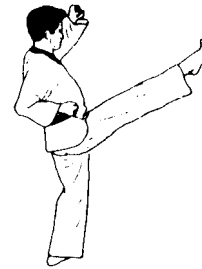
**1**

Turn left 90 degrees, step with left foot toward "A" forming a left walking stance while executing a left low block.



**2**

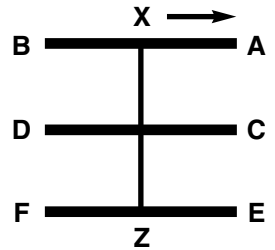
Execute a right front snap kick to middle-section.



**2**

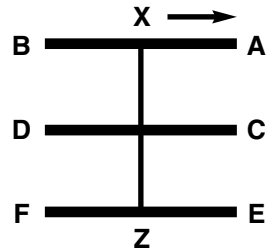
Drop right foot into right front stance while executing a double-punch to middle-section.

Right punch first.



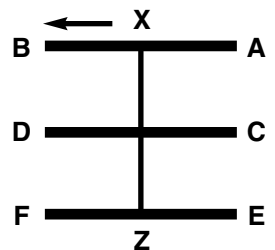
**2**

Followed by left punch.  
(stance stays the same)



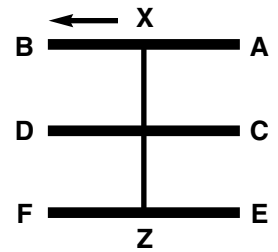
**3**

Turn right 180 degrees (pivot on left foot) and step with right foot toward "B" forming a right walking stance while executing a right low block.



4

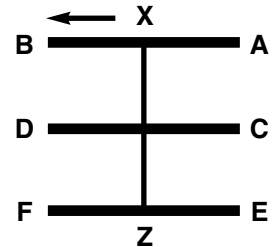
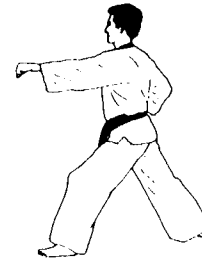
Execute left front snap kick to middle-section.



4

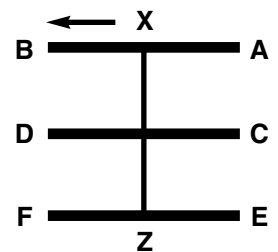
Drop left foot into left front stance while executing double-punch to middle-section.

Left punch first.



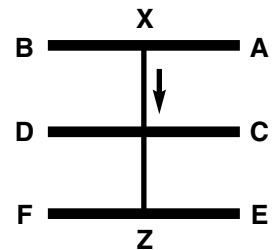
4

Followed by right punch. (stance stays the same)



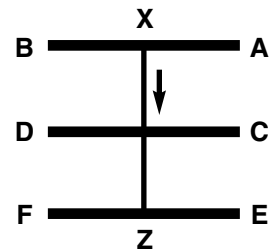
5

Turn left 90 degrees (pivot on right foot) and step with left foot toward "Z" forming a left walking stance while executing an inward knife-hand strike to high-section using the right hand.



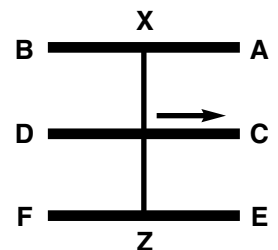
6

Step forward with right foot, forming a walking stance while executing an inward knife-hand strike to high-section using the left hand.



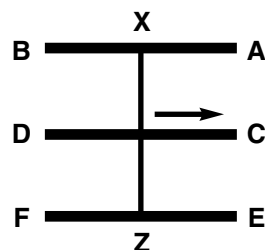
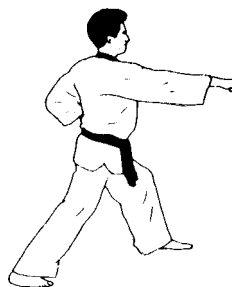
7

Turn left 90 degrees and step with left foot toward "C" forming a back stance while executing a single knife-hand block.



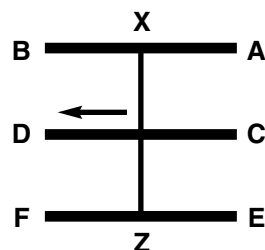
# 8

Move left foot over to left, opening up into a left front stance while executing a right middle-section punch.



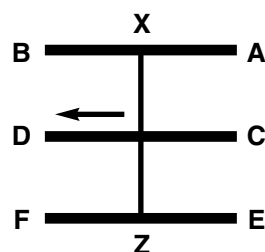
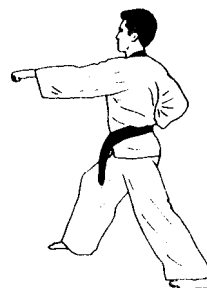
# 9

Turn right 180 degrees (pivot on left foot) and step with right foot toward "D" forming a back stance while executing a single knife-hand block.



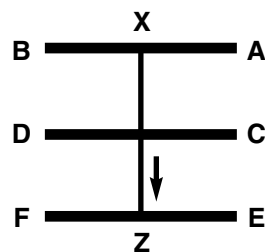
# 10

Move right foot over to right, opening up into a right front stance while executing a left middle-section punch.



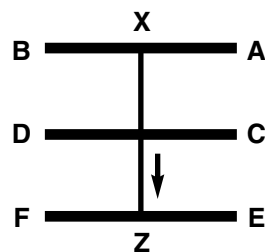
# 11

Turn left 90 degrees (pivot on balls of feet) and step with left foot toward "Z" forming a left walking stance while executing an inward middle-section block with the right forearm.



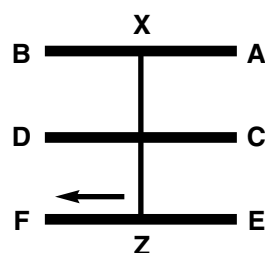
# 12

Step forward with right foot, forming a right walking stance while executing an inward middle-section block with the left forearm.



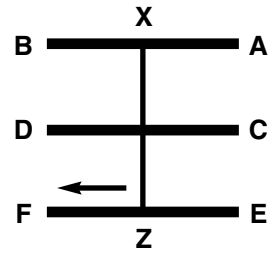
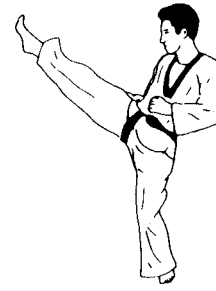
# 13

Turn left 270 degrees (pivot on right foot) and step with left foot toward "F" forming a left walking stance while executing a left low block.



# 14

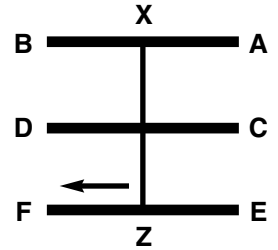
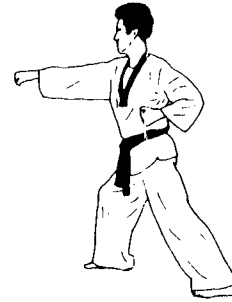
Execute right front snap kick to middle-section.



# 14

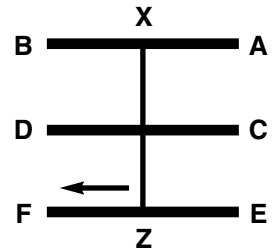
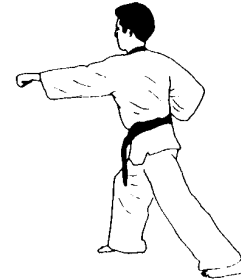
Drop right foot into right front stance while executing a double-punch to middle-section.

Right punch first.



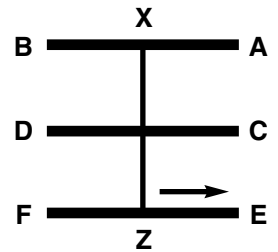
# 14

Followed by left punch. (stance stays the same)



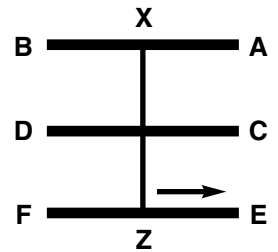
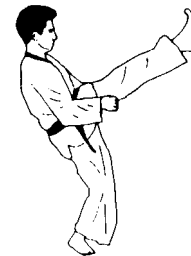
# 15

Turn right 180 degrees (pivot on left foot) and step with right foot toward "E" forming a right walking stance while executing a right low block.



# 16

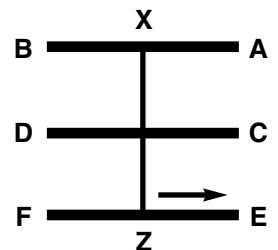
Execute a left front snap kick to middle-section.



# 16

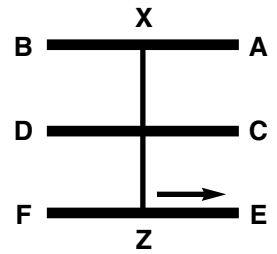
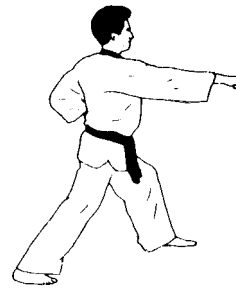
Drop left foot into front stance while executing a double-punch to middle-section.

Left punch first.



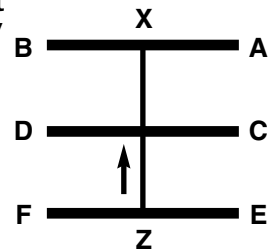
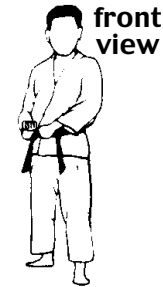
# 16

Followed by right punch.  
(stance stays the same)



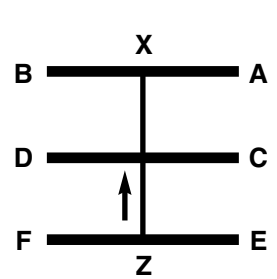
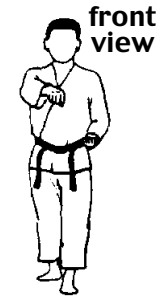
# 17

Turn left 90 degrees (pivot on right foot) and step with left foot toward "X" forming a left walking stance while executing a left low block.



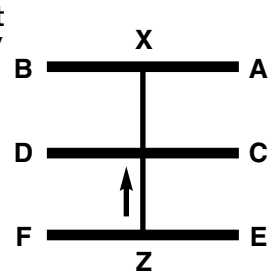
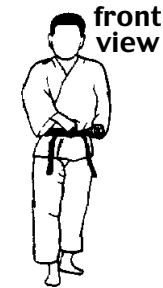
# 17

Without moving feet, execute a right middle-section punch.



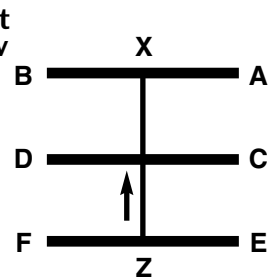
# 18

Step forward with right, forming a right walking stance while executing a right low block.



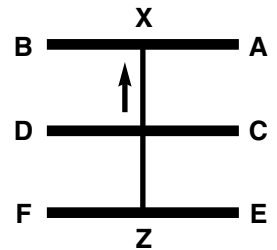
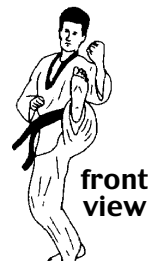
# 18

Without moving feet, execute a left middle-section punch.



# 19

Execute a left front snap kick to middle-section.

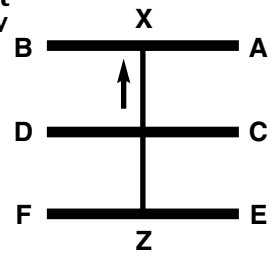


# 19

Drop left foot into left walking stance while executing a left low block.



front view

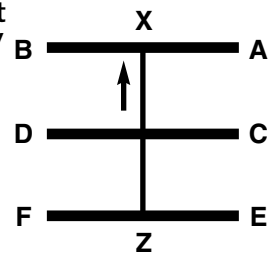


# 19

Without moving feet, execute a right middle-section punch.



front view

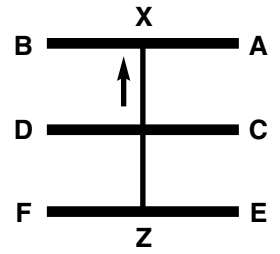


# 20

Execute a right front snap kick to middle-section.



front view

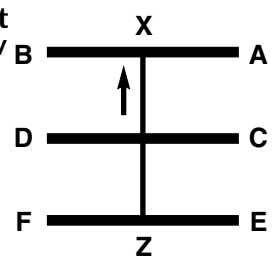


# 20

Drop right foot into right walking stance while executing a right low block.



front view



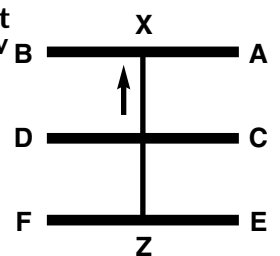
# 20

Without moving feet, execute a left middle-section punch.

Yell "ki-ya" on punch.



front view



**Ba-Ro:**

Turn left 180 degrees, using the ball of the right foot to pivot, to face toward "Z" and form a ready stance.

