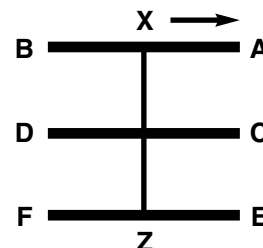




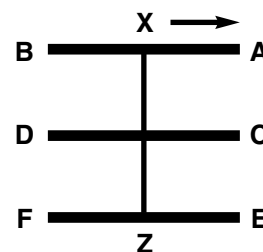
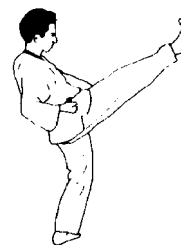
Taegeuk Yuk Jang

The symbol of this form is Kam which represents water

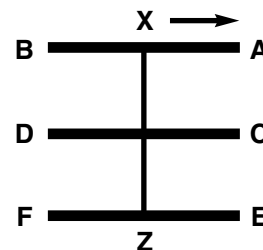
1 Turn left 90 degrees, step with left foot toward "A" forming a left front stance while executing a left low block.



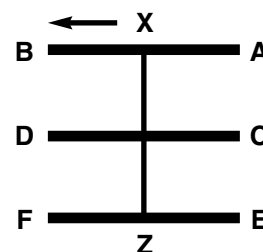
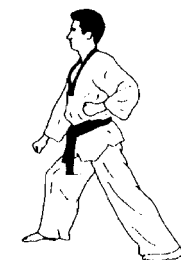
2 Execute a right front snap kick to middle-section.



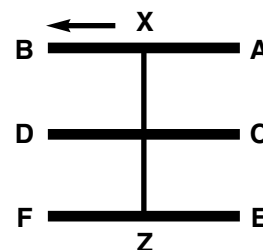
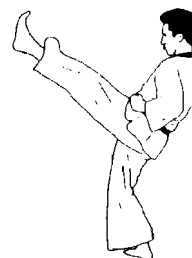
2 Land back, returning right foot to starting position and forming a back stance while executing an outward middle-section block with the left arm.



3 Turn right 180 degrees (pivot on left foot) step with right foot toward "B" forming a right front stance while executing a right low block.

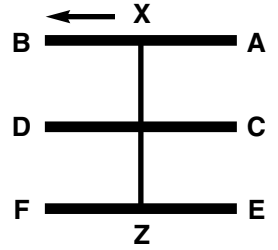


4 Execute a left front snap kick to middle-section.



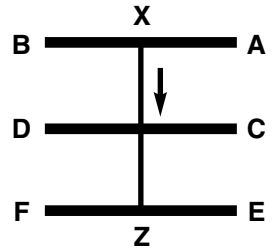
4

Land back, returning left foot to starting position and forming a back stance while executing a outward middle-section block with the right arm.



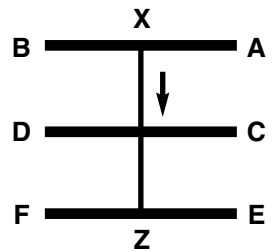
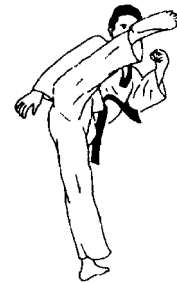
5

Face front and step with left foot toward "Z" forming a left front stance while executing a circular high-section knife-hand block with the right arm.



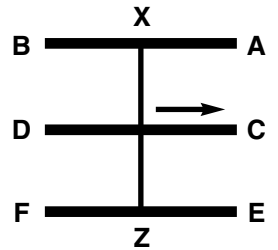
6

Execute a right round-house kick. Land in front, dropping right foot toward "Z".



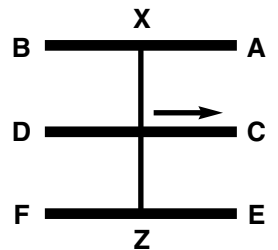
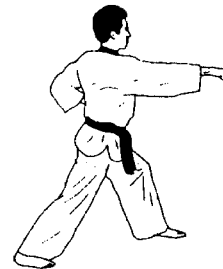
6

Face left 90 degrees, and step with left foot toward "C" forming a left front stance while executing a left high block.



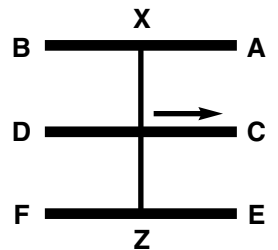
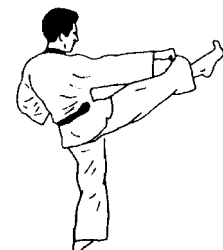
6

Without moving feet, execute a right middle-section punch.



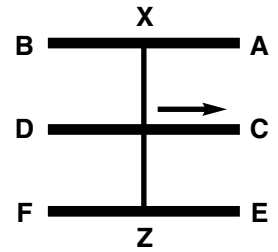
7

Execute a right front snap kick to middle-section.



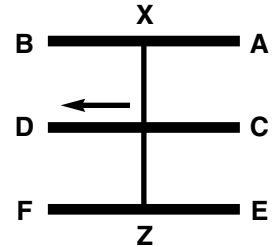
7

Drop right foot to "C" forming a right front stance while executing a left middle-section punch.



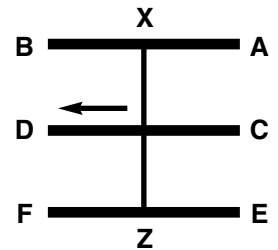
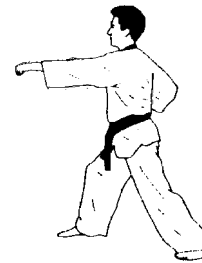
8

Turn right 180 degrees (pivot on left foot) step with right foot toward "D" forming a right front stance while executing a right high block.



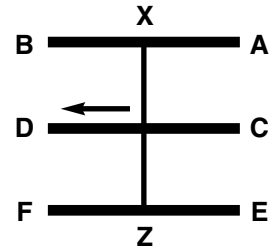
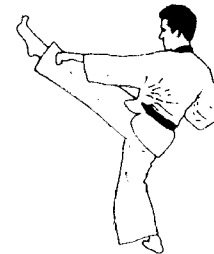
8

Without moving feet, execute a left middle-section punch.



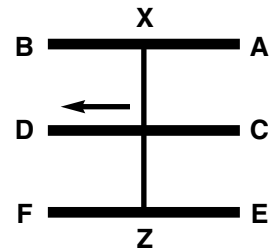
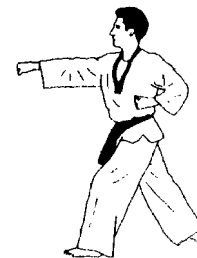
9

Execute a left front snap kick to middle-section.



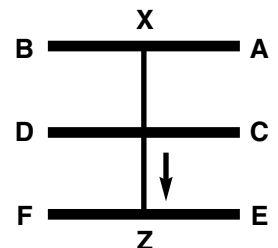
9

Drop left foot to "D" forming a left front stance while executing a right middle-section punch.



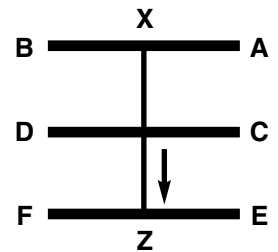
10

Turn left 90 degrees (pivoting on right foot) to face "Z" and forming an open stance. Execute a downward open block with both arms (tension move).



11

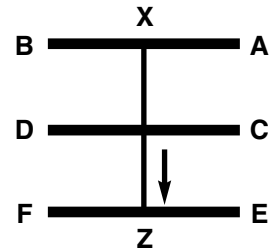
Step forward with right foot toward "Z" forming a right front stance while executing a circular high-section knife-hand block with the left arm.



12

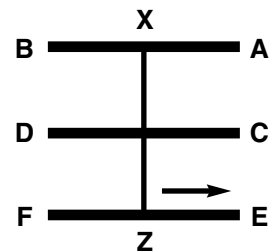
Execute a left round-house kick.

Yell "ki-ya" on kick and land in front at "Z".



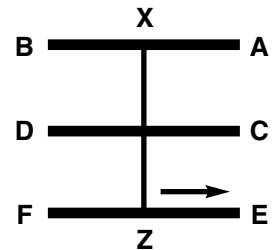
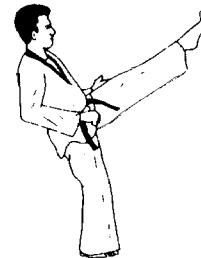
12

Turn right 270 degrees (pivot on left foot) step with right foot toward "E" forming a right front stance while executing a right low block.



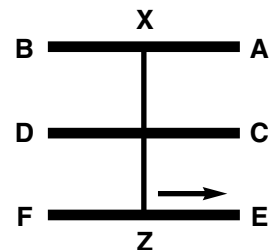
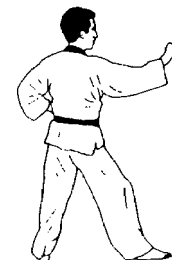
13

Execute a left front snap kick to middle-section.



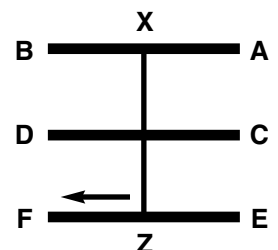
13

Land back, returning left foot to starting position and forming a back stance while executing an outward middle-section block with the right arm.



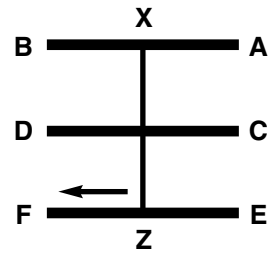
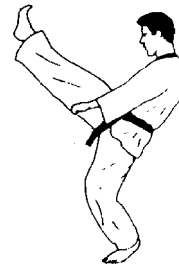
14

Turn left 180 degrees (pivoting on balls of feet) to face toward "F" and forming a left front stance while executing a left low block.



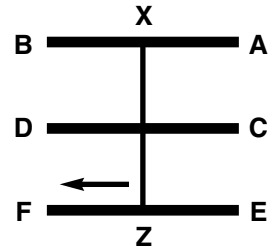
15

Execute a right front snap kick to middle-section.



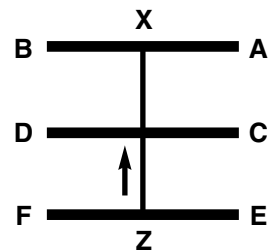
15

Land back, returning right foot to starting position and forming a back stance while executing an outward middle-section block with the left arm.



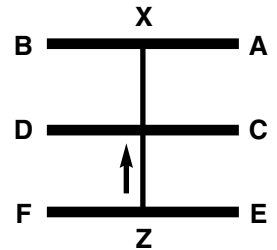
16

Turn left 90 degrees (pivot on left foot) and move right foot back toward "X" forming a back stance while executing a double knife-hand block facing "Z" with the left arm forward.



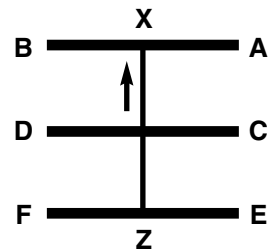
17

Move left foot back one step toward "X" into another back stance while executing a double knife-hand block facing "Z" with the right arm forward.



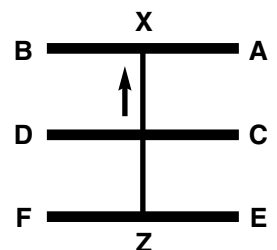
18

Move right foot back one step toward "X" forming a left front stance while executing a left palm block to middle-section (still facing "Z").



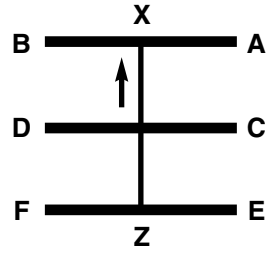
18

Without moving feet, execute a right middle-section punch.



19

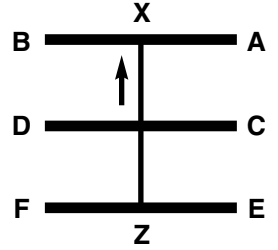
Move left foot back one step toward "X" forming a right front stance while executing a right palm block to middle-section (still facing "Z").



19

Without moving feet, execute a left middle-section punch.

Yell "ki-ya" on punch.



Ba-Ro:

Bring left foot forward to ready stance.

